

# A teen's guide to STDs

STD	WHAT IS IT?	WHAT ARE THE SYMPTOMS?	HOW IS IT SPREAD?	IS IT CURABLE?
CHLAMYDIA	A bacterial infection. It can cause infertility and other disorders if left untreated. The most common STD in teens and young adults.	Yellowish discharge, burning during urination, bleeding between periods, swollen or tender testicles. BUT often there are NO SYMPTOMS.	Through unprotected vaginal, oral or anal sex.	Yes, but it might lead to other problems, like Pelvic Inflammatory Disease (PID), or damage to the reproductive organs, if left untreated.
GONORRHEA	A bacterial infection that is also known as "the clap."	Yellowish discharge, burning during urination, stomach pain. But often there are no symptoms.	Through unprotected vaginal, oral or anal sex.	Yes, but it might lead to other problems, like PID, or damage to the reproductive organs, if left untreated.
GENITAL HERPES	A recurring skin condition that can cause irritations in the genital area (vagina, penis, anus) or mouth.	Blister-like sores in the genital region or mouth.	By touching an infected area (which may not be noticeable), or having unprotected vaginal, oral, or anal sex.	No. Herpes is treatable, but will never go away. People with herpes can be contagious even when a person does not have visible sores.
HUMAN PAPILLOMAVIRUS (HPV OR GENITAL WARTS)	A virus that affects the skin around the genital area, as well as a woman's vagina or cervix.	Wart-like growths in the genital area.	Through vaginal, anal, and oral sex, or by touching or rubbing an infected area (which may not have noticeable growths).	No. HPV is treatable but will never really go away. HPV can be passed even when a person does not have visible warts. A vaccine is available to prevent many forms of HPV.
PUBIC LICE (CRABS)	Tiny insects that live on or in body hair.	Severe itching, small red bumps.	Through any direct physical contact and rarely through indirect contact such as a shared object.	Yes, with antibiotics. Clothes and bedding must also be cleaned to get rid of the bugs.
TRICHOMONIASIS (PRONOUNCED "TRICK")	Symptoms caused by a parasite in a women's vagina or men's urethra.	Itching, burning, irritation, redness, discharge, bad smell, frequent and/or painful urination, discomfort during sex, stomach pain.	Through unprotected vaginal sex.	Yes. It doesn't cause any lasting damage to adults, but is important to treat with antibiotics.
SYPHILIS	A bacterial infection that can spread throughout the body.	First stage is a painless open sore on the penis, vagina, or mouth. 2nd stage is a rash, fever, swollen lymph glands, sore throat, muscle aches. The final stage includes damaging internal organs and the central nervous system (brain).	Through unprotected vaginal, oral, or anal sex, and also through kissing if there is a sore on the mouth.	Yes. Syphilis is cured with a large dose of antibiotics.
HEPATITIS A	Infection of the liver caused by a virus. It does not lead to long-term disease.	Poor appetite, nausea/vomiting, headaches, fever, jaundice, dark urine, light-colored bowel movements (poop). Sometimes there are no symptoms.	Through oral contact with feces (poop). Through unprotected anal/oral sex, drinking contaminated water or eating contaminated food.	Does not cause a long-term infection, although symptoms can last 6-9 months. It can be prevented by a Hep A vaccine of 2 doses. Ask your doctor about it. Once you have had Hep A you cannot get it again.
HEPATITIS B	Infection of the liver caused by a virus. It can be a long-term illness leading to liver failure and cancer.	Poor appetite, nausea/vomiting, headaches, fever, jaundice, dark urine, light-colored bowel movements (poop). Sometimes there are no symptoms.	Through unprotected vaginal, oral, and anal sex and through sharing contaminated needles. It is spread through blood, semen, vaginal fluids and breast milk.	No highly successful treatment available. Can be prevented by a Hep B vaccine of 3 doses. Make sure you are up-to-date!
HEPATITIS C	Infection of the liver caused by a virus. The most common long-term blood-borne virus in the U.S. Can lead to liver decay and cancer.	Poor appetite, nausea/vomiting, headaches, fever, jaundice, dark urine, light-colored bowel movements (poop). Sometimes there are no symptoms.	Through contact with infected blood from contaminated needles, and unprotected sex involving blood contact.	Most people develop a long-term infection. There is no vaccine available to prevent Hep C.
HIV/AIDS	A virus that destroys the body's ability to fight off infection.	Weight loss, fatigue, night sweats/fever, dry cough, diarrhea, swollen lymph glands, memory loss/confusion, depression. Sometimes there are no symptoms.	Through unprotected vaginal, oral, or anal sex, and through sharing contaminated needles. Can also pass from mother to child during pregnancy or child birth, or through breast-feeding.	No. Although there are many treatments which have greatly improved the health and survival of people with HIV - there is no vaccine at this time.

Information from: [www.cdc.gov](http://www.cdc.gov)



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